



Mohawk Country Day School

March 2020 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Ketchup Steamed Broccoli Tater Tots Apples	3 French Toast Sticks Hard Boiled Eggs Syrup Orange Slices	4 Rotini Marinara Turkey Meatballs Garlic Bread Raw Carrot Sticks Honeydew	5 Beef Burger Ketchup Whole Wheat Roll Pickles Watermelon	6 
9 Grilled Chicken Steamed Rice Sautéed Zucchini Apple Sauce	10 Waffles Hard Boiled Eggs Syrup Bananas	11 Penne Turkey Meat Sauce Garlic Bread Celery Sticks Cantaloupe	12 Turkey Tacos Tortilla, Salsa, Lettuce, Sour Cream, Cheese Orange Slices	13 
16 Chicken Nuggets Ketchup Steamed Broccoli Tater Tots Apples	17 French Toast Sticks Hard Boiled Eggs Syrup Orange Slices	18 Rotini Marinara Turkey Meatballs Garlic Bread Raw Carrot Sticks Honeydew	19 Beef Burger Ketchup Whole Wheat Roll Pickles Watermelon	20 
23 Grilled Chicken Steamed Rice Sautéed Zucchini Apple Sauce	24 Pancakes Hard Boiled Eggs Syrup Bananas	25 Penne Turkey Meat Sauce Garlic Bread Celery Sticks Cantaloupe	26 Turkey Tacos Tortilla, Salsa, Lettuce, Sour Cream, Cheese Orange Slices	27 
30 Chicken Nuggets Ketchup Steamed Broccoli Tater Tots Apples	31 French Toast Sticks Hard Boiled Eggs Syrup Orange Slices	<p>Lunch Substitutions Also Available:</p> <ul style="list-style-type: none"> - Plain Pasta (Parmesan Cheese Available) - Cream Cheese on Wheat Bread - Turkey Slices - Cheese Sticks - Yogurt 		